

Health Ministry Meeting

April 24, 2025, 7:00 PM

Meeting at St. Anthony Parish Hall

Members in attendance: Mary Ricci, Angela Schug, and Roberta Braml

Roberta led the opening prayer.

The minutes from the February 27th meeting were reviewed and accepted without changes.

Weight and Wellness: Mary R. reported the next session is still in the planning stages and no dates are set at this time.

Stepping On: Roberta reported the first session of the seven-week Stepping On program at St. Ann Center in Turtle Lake started this afternoon. There are 10 participants registered, and it is a very good, engaged group. Emily Munson and Tanner Arnold from Turtle Lake Physical Therapy were the guest experts for the first session.

Blood Pressure Screening at St. Anthony:

May 18th: Jennifer Capra

June 15th: Mary F.

July 20th, August 17th and September 21st: TBD

Church First Responders and Epi Pens Update:

Reviewed and discussed the list of potential members from each parish who have a health care or emergency services background to reach out to and ask if they would be willing to be trained for these programs. Set tentative dates for the trainings: May 21st and May 28th in the evening, one at St. Anthony and one at St. Ann. Mary R. will put together an announcement for the bulletin and Mary R. and Roberta will contact the people on the list to invite to participate. Mary R. ordered one case for storage of the pens to trial and see if it works, and if so, will order more for each church. Roberta reported that the Sacred Heart CCW agreed to reimburse Mary for the cost of the Epi pen case and training handouts.

Maintenance to Mission: Discussion on how the Health Ministry can support this mission. The members present felt the current programs of Weight and Wellness and Stepping On are already good ways that our Health Ministry is supporting the mission of evangelization. Both programs reach out to our communities beyond our three churches and show the broader community the care and support we provide for our parishes.

Next meeting: Thursday, September 11th at 7:00 PM at St. Anthony Parish Hall

Closed with the Lord's Prayer

Submitted by Roberta Braml